

inside out

FERNIEWELLNESS.COM

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Enchanted Esthetics

15 years of Esthetics experience in organic facials and Eminence Organic Skin care products!
Online booking available.

Leah Hill, Licensed Esthetician
enchantedestheticsfernie.com
250.430.1289



Summit Massage Therapy

18+ years experience in therapeutic and wellness massage.
Call or text to book!

Kristen Miller, RMT
250.430.7244



East Kootenay Energy Therapy

Helps with chronic pain, mental health, immune system support & more.
Online booking available.

Kerri Maier, Healing Touch Practitioner
visibook.com/ekenergytherapy
250.423.1531



The Fearless Inukshuk

Side effects may include inner peace.

Online booking available.

Norja Vanderelst, Reiki Master/Teacher
thefearlessinukshuk.com
250.433.6585



Poku

Japanese Acupuncture is like comparing Chinese food with Sushi; very different ~ both yummy!

Kimberly Salzgeber, R.Ac
poku.ca
kim@poku.ca



Living YogAdventures

Enhancing physical wellness and sports performance, relationships, productivity at work or overall well-being.
Online booking available.

Simone Bourassa, M.A, B.A.Psych, RYT 500Hr
livingyogadventures.ca
250.999.9363



Heather Ivany Yoga

Enhancing physical performance, mental/emotional clarity and spiritual guidance.

Online booking available.

Heather Ivany, ERYT 500Hr
heatherivanyyoga.com
250.430.7574



Fernie Lash Studio

5 years experience in eyelash extensions.

Call or text to book.

Michelle Eagles
michelleeagles85@gmail.com
250.423.0831



Fernie Family Acupuncture

20+ years experience with fertility & family health.

Online booking available.

Gina Rino, B.Sc., R.Ac.
ginarino.ca
250.899.4120



Mountain Light Counselling

Creating space for one to explore the light and dark parts of life through a variety of evidence-based therapies.

Kelly Comishin, MA RCC
250.421.3685



Psychoeducational Assessment & Testing

Understand how your brain learns best, find clarity for your learning struggles, and make a plan for success.

Olivia Griffioen, M.A.
Registered Psychologist (2429)
oliviagriffioen.com



Global Ascension Wellness

Sharing infinite "Life Force Energy" through Reiki, Sound therapy & Reiki Aromatherapy Massage.

Tricia Clarke, Reiki Master/Teacher
unleashyourlight777@gmail.com
250.430.2266

Inspiring, supporting and integrating the layers of wellness for

MIND • BODY • BUSINESS & LIFE